



SECRETARY OF THE ARMY  
WASHINGTON

20 SEP 2015

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2015-37 (Breastfeeding and Lactation Support Policy)

1. References:

- a. Army Regulation 600-20 (Army Command Policy), 6 November 2014.
- b. Army Regulation 614-30 (Overseas Service), 27 January 2015.

2. Soldiers who want to continue breastfeeding upon return to duty will notify their chain of command as soon as possible to allow the command to determine how best to support them.

3. Commanders will designate a private space with locking capabilities, an electrical outlet and access to a safe water source for Soldiers to express milk. If the designated space is within a restroom, it will be a fully enclosed, separate area designated for breastfeeding or expressing milk (that is, not a bathroom stall).

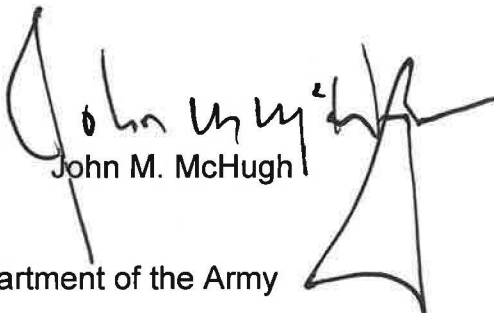
4. The time required to express breast milk varies and depends on several factors, including the age of the infant, amount of milk produced, quality of the pump, and distance the pumping location is from the workplace, as well as how conveniently located the water source is from the pump location. Commanders and Soldiers will balance lactation support and readiness. Lactation consultants are available at military treatment facilities to assist in this endeavor.

5. Soldiers must supply the equipment needed to pump and store their breast milk. Soldiers who are breastfeeding or expressing milk remain eligible for field training and mobility exercises. Commanders will provide private space for Soldiers to express milk during field and mobility exercises.

6. The provisions of this directive are effective immediately and apply to the Active Army, Army National Guard/Army National Guard of the United States and U.S. Army Reserve.

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7. The Deputy Chief of Staff, G-1 is the proponent for this policy and will incorporate it into the next revision of Army Regulation 600-20. This directive is rescinded upon publication of the revised regulation.

  
John M. McHugh

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